

# Holly Pope, PhD, MSPH

Curriculum Vitae  
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## **Education:**

University of South Carolina, Columbia, SC  
PhD Public Health (Department of Health Promotion, Education, and Behavior)  
2010

*Title of Dissertation:* A church-based health promotion program for older adults: Impact on participants' religiosity, spirituality, and social support

Manuscript: Church-based health promotion program impact on ethnically diverse older adults' social support, religiosity, and spirituality.  
(Published in the *Journal of Religion, Spirituality & Aging*)

University of South Carolina, Columbia, SC  
Certificate of Graduate Study in Gerontology  
2007

University of South Carolina, Columbia, SC  
MS Public Health (Department of Health Promotion, Education, and Behavior)  
2003

*Title of Thesis:* The perception of depression in long term care residents: A qualitative study using residential journaling

Manuscript: The perception of depression in long term care residents: A qualitative study using residential journaling. (Published in the *Journal of Applied Gerontology*, 2006)

Clemson University, Clemson, SC  
B.S. Sociology, Minor in Health Science  
2000

## **Research Interests:**

Evaluation of how communities access services and information and community partners contribute to solutions through mixed methods, including in-depth interviews, focus groups, and ethnography. Using qualitative research methods to develop informed strategies and culturally appropriate training materials to equip implementers and partners of recommendations.

**Principal Investigator, Research Associate, Center for Applied Research and Evaluation, University of South Carolina** Principal Investigator for multi-year statewide funding for evaluation of the training and expansion of community health worker (CHW) services. Provide evaluation analysis and design guidance for multi-year statewide funding to improve access to oral health services within priority populations. January 2022-Current

**SNAP-Ed Evaluation, Arnold School of Public Health, University of South Carolina** Provide evaluation analysis and design guidance for a multi-year statewide SNAP-Education Evaluation that aligns with USDA federal guidelines to make recommendations regarding physical activity and healthy eating policy, systems, and environmental approaches. September 2015-September 2020

**Evaluation Coordinator, Childhood Obesity Prevention in SC Communities (COPASCities), Arnold School of Public Health, University of South Carolina** Primary responsibilities include management, collection and analysis of qualitative data, participant observation for ethnographic research, training staff members to conduct ethnographic research, design and implement cognitive

interviews with stakeholders to help community stakeholders identify issue campaign for community organizing. September 2012-July 2017

**Director of Communications, Arnold School of Public Health's Center for Research in Nutrition and Health Disparities-** Primary responsibilities include public relations, assisting in re-designing Center's current website and website contents, facilitation of communication with Center stakeholders and investigators, plan and implement annual research symposium, coordinate, write, and rank grant proposals, assist with strategic planning and implementing action steps. August 2010- September 2012.

**Co-Investigator/ Project Manager, Arnold School of Public Health's Office for the Study of Aging, University of South Carolina** - Co-Investigator and lead author in request for proposal that was awarded \$200,000 from Duke University's Center for Spirituality, Theology, and Health and The John Templeton Foundation. Out of 232 letters of intent, 40 researchers were invited to submit full proposal. Seven proposals were awarded funding that explored the mechanisms of social capital, faith, and health. Primary responsibilities included conducting literature review, collaborating to develop theoretical model, study design, data collection methods, participant recruitment; scale development; conducting cognitive interviews; and adherence to project timeline.

[https://sc.edu/uofsc/posts/2015/02\\_benefits\\_of\\_belonging.php#.YIHenz8pB2A](https://sc.edu/uofsc/posts/2015/02_benefits_of_belonging.php#.YIHenz8pB2A)

Project manager of research activities. Coordinated and led interdisciplinary research steering committee in monthly/ bi-monthly meetings; established Institutional Review Board (IRB) approval of study; developed progress reports to Duke University; developed recruitment plan and successfully recruited and interviewed hard to reach/ low-income/ rural and urban population statewide (72 older adults stratified by race, geographic location, and religious practices).

Conducted qualitative analysis of 72 interviews, which guided the development of a multidimensional scale of community and faith involvement related to social capital constructs: trust, bonding/ bridging/ linking social networks, and norms of reciprocity.

Responsible for recruitment and data collection (N=500) for validation of multidimensional social capital scale. Invited to present results of study to panel of researchers from Duke University and to funders from The John Templeton Foundation in June 2010. February 2008- June 2010

**Evaluation Consultant, Faith-Based Mentor Program-**Responsible for evaluation of a faith-based multi-component mentor program for at risk teens (7-12th grade). Collaborated with stakeholders using multiple qualitative methods to explore impact of program compared to best practices. Prepared stakeholder report of results, key findings, and implications. December 2009-June 2010

**Graduate Assistant/ Program Coordinator, Department of Epidemiology and Biostatistics, University of South Carolina** - Responsible for project management of a church-based health promotion program of holistic health for ethnically diverse older adults (Heart, Soul, Mind, and Strength program). Led participant leader trainings. Member of program steering committee. January 2005-January 2007

Collaborated with the Office for the Study of Aging and Department of Epidemiology for the development and trademark of exercise DVD for older adults, *Move for Life* TM. January 2006- January 2007

**Graduate Assistant, Arnold School of Public Health's Office for the Study of Aging- University of South Carolina-**Responsible for writing manuscript for publication in a peer reviewed journal regarding the effectiveness and feasibility of a strength-training program for older adults. (Pope, H., Lane, M., Tolma, L., & Cornman, C., 2008). January 2007-December 2007

**Research Associate/ Project Manager, Department of Biostatistics, Informatics, and Epidemiology, Medical University of South Carolina-** Responsible for the management of 4 End of Life/ Disparity related projects: 1) End of Life Discussion Tool for Providers, 2) End of Life Education for MUSC Nurses, and 3) End of Life Education for Providers in Collaboration with the Low Country Area Health Education Consortium 4) Grant preparation for Colorectal Prevention Screening Study. September 2003- June 2004.

**Thesis Research:** The perception of depression in long term care residents: A qualitative study using residential journaling. Established Institutional Review Board (IRB) approval of study. Coordinated study with 7 Long Term Care (LTC) facilities in 3 SC counties. Determined participants' social and intra-personal resources used for coping. Used qualitative and quantitative research methods for analysis. (Pope, H., Watkins, K., Evans, A., & Hess, P. 2006).

**Research Assistant, Department of Health Promotion, Education, and Behavior, University of South Carolina-** Writing assistant for a NIH research center grant proposal aimed at eliminating health disparities among minorities in SC February 2003- July 2003

**Research Assistant, Department of Health Promotion, Education, and Behavior, University of South Carolina-** Gathered prevalence data in preparation of adolescent hypertension pilot study. August 2002- January 2003

**Research Assistant, Department of Health Promotion, Education, and Behavior, University of South Carolina-** In collaboration with Palmetto Health Alliance, assisted the principal investigator in written results and analysis of nutrition intake. January 2002- August 2002

**Graduate Assistant Department of Health Promotion, Education, and Behavior, University of South Carolina-** Pilot tested an assets development program for an inner-city school in collaboration with the Centers for Disease Control and Prevention (CDC). August 2001- December 2001

#### **Publications**

**Pope, H.** Draper, C, Younginer, N. Whitt, O. & Paget, C. (2019). Exploring the use of decision cases for building SNAP-Ed implementers' capacities to realize policy, systems, and environmental strategies. *Journal of Nutrition Education and Behavior*.

Ntale, P.D., Ssempebwa, J., Musisi, B., & **Pope, H.C.** (2019). Inter-agency collaboration for graduate employment opportunities in Uganda: a case for investigating the structure, social capital, and agency of organizations. *Journal of African American Studies*, 23 (1), 1-20.

Miller, M.C., **Pope, H.C.**, Wolfer, T.A., Hussey, J., Mann, J.R., Colibianchi, N. & McKeown, R.E. (2015). Psychometric analysis of a scale to assess particularized trust in families and community- and congregation-based groups. *Journal of Community Psychology*, 43 (2), 227–243.

**Pope, H.C.**, Miller, M.C, Wolfer, T.A., Mann, J.R., & McKeown, R.E. (2013). Psychometric analysis of a scale to assess norms of reciprocity of social support in community-based and congregation-based groups. *Sage Open*, 3 (4).

**Pope, H. C.**, Watkins, W., McKeown, R. E., Friedman, D.B., Simmons, D.B., & Miller, M.C. (2013). Church-based health promotion program impact on ethnically diverse older adults' social support, religiosity, and spirituality. *Journal of Religion, Spirituality & Aging*, 25: 1-19.

**Pope, H.**, Lane, M., Tolma, L., & Cornman, C. (2008). A descriptive study for a strength and balance program for frail older adults in an assisted living facility. *Activities, Adaptation, and Aging*, 32 (3-4), 240-262.

**Pope, H.**, Watkins, K., Evans, A., & Hess, P. (2006). The perception of depression in long term care residents: A qualitative study using residential journaling. *Journal of Applied Gerontology*, 25: 153-172.

Hey, W., Calderon, K., & (**Pope**) Carroll, H. (2006). Use of body- mind- spirit dimensions for the development of a wellness behavior and characteristic inventory for college students. *Health Promotion Practice*, 7: 125-133.

#### **Teaching Experience**

*Personal and Community Health 321.* (Taught in person spring and fall semesters in 2013 and spring

semester 2014) Three-credit course for undergraduate students, University of South Carolina, Department of Health Promotion, Education, and Behavior.

*Personal and Community Health 321.* Developed online course materials and design (Taught since fall 2014- 2020) Three-credit course for undergraduate students, University of South Carolina, Department of Health Promotion, Education, and Behavior.

### **Guest Lectures**

*Methods used to develop validated social capital measures.* (2012-2019) Speaker presentation at the University of South Carolina, for Health Promotion, Education, and Behavior doctoral level class.

*Methods used to develop validated social capital measures.* (2012) Speaker presentation at the University of South Carolina, for Epidemiology master's level class.

*Training for NVIVO version 7: Basic training of a qualitative data management software program.* (2010) Speaker presentation at the University of South Carolina, College of Social Work.

*Epidemiology: It's just a class, right?* Speaker presentation at the University of South Carolina, for a Epidemiology master's level class.

### **Speaker Presentations:**

**Pope, H.** September 15, 2023, Charlotte, NC. Multiple stakeholders' perceptions of the implementation of community health worker (CHW) programs. Speaker presentation at the Southeastern CHW Networking Summit.

**Pope, H.** August 2023, Columbia, SC. Medical-Dental Integration (MDI) Program: A (Preliminary) Analysis of Successes and Challenges. Speaker presentation at the Centers for Disease Control and Prevention Site Visit at the Division of Oral Health, Department of Health and Environmental Control.

**Pope, H.** July 25, 2023. Virtual. Public Health Dental Prevention Program: A (Preliminary) Qualitative Analysis of Challenges, Facilitators, and Recommendations. Speaker presentation at the PHDPP Provider Annual Meeting supported by the Department of Health and Environmental Control, Division of Oral Health.

**Pope, H.** April 24, 2023. Virtual. Implementation of Community Health Worker Programs (CHW): A Qualitative Analysis of Barriers, Facilitators, and Impacts. Speaker Presentation at the 2022-2023 NC and SC Health Systems CHW Community of Practice supported by The Duke Endowment.

Miller, M., McKeown, R., Wolfer, T., **Pope, H.** October 27-31, 2012, San Francisco, CA. Association between particularized trust and mental and physical health in community-based and congregation-based groups. Round table presentation at the American Public Health Association 140<sup>th</sup> Annual Meeting.

McKeown, R., **Pope, H.** & (Miller) Chandlee, M. June 15, 2010, Durham, N.C. Understanding social and personal aspects of faith and practice related to health. Speaker presentation at the 3rd Annual Meeting of the Society for Spirituality, Theology, and Health at Duke University.

**Pope, H.** May 25, 2010, Columbia, SC: A Church-based health promotion program: Impacts on participants' spirituality, religiosity, and social support. Dissertation defense at the University of South Carolina.

**Pope, H.** January 7, 2009, Columbia, SC: Faith and health. Speaker presentation at the University of South Carolina, School of Medicine, Division of Geriatrics Lecture.

**Pope, H., & McKeown, R.** May 22-25, 2007, Myrtle Beach, SC: A congregation- based program of holistic health: A qualitative perspective of bridging racial divisions. Speaker presentation for the South Carolina 2007 Public Health Association Annual Meeting.

**Pope, H., McKeown, R., Watkins, K., & Martin, M.** November 4-8, 2006, Boston, MA: A congregation-based program of holistic health: A qualitative perspective of participants' creating more caring communities. Speaker Presentation at the American Public Health Association 2006 Annual Meeting.

**Poster Presentations:**

**Pope, H. Draper, C., Paget, C., Younginer, N.** July 27-30, 2019. Orlando, FL. Exploring the use of decision case studies for policy, systems, and environmental (PSE) trainings. Society for Nutrition Education and Behavior's 52th Annual Conference.

Draper, C., Younginer, N., **Pope, H. Paget C., & Mattison, A.** July 20-24, 2017. Washington, DC. Building Capacity of the South Carolina SNAP-Ed Program to Implement Policy, Systems, and Environmental Strategies for Healthy Eating and Active Living in Conjunction with Delivery Direct Nutrition Education. Society for Nutrition Education and Behavior's 50th Annual Conference.

Draper, C. **Pope, H.,** Wilson, M., Craig, J. Jones, S. November 4 – 8, 2017. Atlanta, GA. Community organizing for food systems change: Lessons learned from community organizers and community members that were organized. American Public Health Association (APHA) Annual Meeting.

Draper, C., Younginer, N., **Pope, H. Mattison-Faye, A. & Paget, C.** November 4 – 8, 2017. Atlanta, GA. Using Participatory Evaluation to Lesson the Gap Between Policy and Implementation within the South Carolina SNAP-Ed Program. American Public Health Association (APHA) Annual Meeting.

Craig, J., **Pope, H.,** Draper, C., Wilson, M., & Jones, S. November 4 – 8, 2017. Atlanta, GA. Leadership and Democratic Participation in Grassroots Organizations Working toward Food Systems Change. American Public Health Association (APHA) Annual Meeting.

Jones, S., Wilson, M. Welborn, K., Page, A., Williams, L., Draper, C., **Pope, H.,** Craig, J., & Outing, R. (2016). COPASCities: Building capacity for food systems change for childhood obesity prevention in South Carolina communities. Society for Nutrition Education and Behavior's 49th Annual Conference.

**Pope, H. & Jones, S.** July 21-24, 2014. Dubuque, IA: Creating food systems changes: Community organizers' challenges and successes from those that train and supervise them. Oral panel presentation: Creating food system changes through community engagement: Strategies and perspectives at the 2014 Community Development Society Conference.

**Pope, H., Jones, S. Childers, C.** November 2-6, 2013. Boston, MA: What do community coalitions need to be to be effective policy, systems, and environmental change agents? Poster Presentation at the 2013 American Public Health Association 141<sup>st</sup> Annual Meeting.

**Pope, H. & Jones, S.** July 21-24, 2013. Charleston, SC: An evaluation for planning a capacity building training institute for community coalitions engaged in policy, systems, and environmental changes. Poster Presentation at the 2013 Community Development Society Conference.

(Miller) Chandlee, M., **Pope, H., & McKeown, R.** October 29, 2010. Columbia, SC: An exploration of linking relationships in women's faith and secular groups in South Carolina. Poster presentation at the 2010 Annual Carolina Women's Health Research Forum.

**Pope, H.,** (Miller) Chandlee, M., & McKeown, R. April 2, 2010, Columbia, SC: Effects of a church based health promotion program among ethnically diverse older adults. Poster presentation at Graduate Student Day at the University of South Carolina. Also presented June 16, 2010, Durham, NC at the 3rd Annual Meeting of the Society for Spirituality, Theology, and Health at Duke University.

**Pope, H.** (Miller) Chandlee, M., & McKeown, R. February 6, 2010, Columbia, SC: Benefits of the Heart, Soul, Mind, and Strength program: A qualitative analysis. Poster presentation at the 9th Annual SC Geriatrics Symposium. Also presented November 18-22, 2009, Atlanta, GA: 62nd Annual Meeting of the Gerontological Society of America.

(Miller) Chandlee, M., **Pope**, H., & McKeown, R. February 6, 2010, Columbia, SC: Understanding the impact of faith communities on social capital: A qualitative analysis. Poster presentation at the 9th Annual SC Geriatrics Symposium. Also presented November 18-22, 2009, Atlanta, GA: 62nd Annual Meeting of the Gerontological Society of America and April 2009 at Graduate Student Day at the University of South Carolina (Recipient of 2nd place award in poster presentation session).

(Miller) Chandlee M. **Pope**, H., & McKeown, R. February 19-20, 2010, Charleston, SC: Self-reported functional social support among frequent and non-frequent church attendees and participants of a church-based health promotion program. Poster presentation at the 6 Annual Aging Research Day. Also presented June 16, 2010, Durham, NC at the 3rd Annual Meeting of the Society for Spirituality, Theology, and Health at Duke University.

**Pope**, H., (Miller) Chandlee, M., & McKeown, R. June 3-5, 2009, Durham, NC: Comparing reported benefits between religious and secular groups: A qualitative analysis. Poster presentation at the 2nd Annual Meeting of the Society for Spirituality, Theology, and Health at Duke University.

**Pope**, H., Lane, M., Cornman, C., & Tolma, E. March 31, 2008, Clemson, SC: A strength & balance program for frail older adults in an assisted living facility. Poster presentation at the 4th Annual SC Aging Research Day.

Lane M., Cornman C., Tolma, E., & **Pope**, H. April 13, 2007, Columbia, SC: Regular structured exercise maintains function and vitality in the frail elderly. Poster presentation at the 4 Annual SC Aging Research Day.

**Pope**, H., & McKeown, R. April 13, 2007, Columbia, SC: A congregation- based program of holistic health: A qualitative evaluation of the physical activity component. Poster presentation at the 4th Annual SC Aging Research Day.

(**Pope**) Carroll, H. June 4 - 7, 2004, San Diego, CA: The perception of depression in long term care residents: A qualitative study using residential journaling. Poster presentation at the Robert Wood Johnson Academy Health 2004 Research Meeting.

**Honors:**

- Doctoral Student of the Year Award (2010), Dept. Health Promotion, Education, and Behavior
- Recipient of the Cecil Scott Fellowship Award (2010)
- Delta Omega Honor Society Member, Mu Chapter, University of South Carolina
- Golden Key International Honor Society, University of South Carolina
- Awarded highest scoring student program abstract at SCPHA annual meeting (2007)
- Alpha Kappa Theta International Honor Society, Clemson University
- President's and Dean's List, Clemson University

**Professional Activities:**

- Completed Research Workshops on Spirituality and Health, Duke University
- Completed Dementia Dialogues, Training from the Office for the Study of Aging
- Completed Results-Based Accountability (RBA), Training from CARE
- Completed Culturally Responsive and Equitable Evaluation (CREE), Training from CARE